



Texas Chiropractic College...

Oct. 19, 2009

THE BACKPAGE

...the future in health care

Volume 27, Number 16

2009 SACA Leadership Conference This Weekend

Texas Chiropractic College is proud to serve as the host institution for the 2009 Student American Chiropractic Association Leadership Conference.

The conference will be held on the campus of TCC from October 23 to October 25. The scheduled keynote speaker is Mr. Bo Short. Other speakers during the conference include:

Dr. Richard G. Brassard (TCC President), Dr. Lou Sportelli, Dr. Michael Flynn, Dr. Mary Beth Larsen, Dr. Brandon Lemuel, Dr. Michelle Maiers, and Col. Mark Losack, (USMC).

The Conference is open to both students and doctors for a nominal fee to assist with costs for food and drinks. For more information about

attending, please contact TCC SACA Vice President and Leadership Conference Chair Courtney Eckelkamp at trainrdoc@live.com.

The organizing committee would like to thank Standard Process, NC-MIC and the American Chiropractic Association for their sponsorship and support of this event.

Agenda:

Friday October 23

6:30 Welcome Reception

- Registration
- Team building and ice breaker
- Welcome address
- Standard Process
- Theme and History of Leadership Conference
- Introduction to conference and review of weekend agenda
- Social event at Cullens Restaurant

Saturday October 24

8:00am Full Breakfast at TCC
9:00 - 11 Keynote speaker – Bo Short
11 – 11:15 Break with snacks
11:15 – 12:30 Q&A session w/ Bo Short
12:30 – 1:45 Lunch
2:00 – 4:00 Breakout sessions
4:30 Everyone goes back to hotel to get ready for evening dinner and dance
6:30 Buses come back to TCC for Mexican Fiesta sponsored by TCC
7:00 Dinner and dance at TCC

Sunday October 25

8:00 Full Breakfast at TCC
9:00 Presentations from breakout session groups
10:00 Closing speaker
11:30 Closing remarks
12:00 End of conference

Functional Electrical Stimulation

Article courtesy of the University of Houston, Health & Human Performance monthly newsletter, August 2009.

This summer has been productive for Dr. John Ward (TCC Research Fellow) who is a graduate student in the University of Houston Department of Health and Human Performance. Under the tutelage of Dr Adam Thrasher, Dr. Ward is studying how and when functional electrical stimulation (FES) can be used effectively to help persons with spinal cord injuries redevelop lower extremity muscle strength and exercise capacity. The subjects in this study undergo a 13 week exercise program involving an exercise bike fitted with FES triggering circuitry to stimulate the lower limb musculature of persons with paraplegia. At the end of the exercise program, changes in muscle mass, endurance, and muscle strength are measured and compared to pre-exercise data. This project is producing results that are very promising.



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The BACKPAGE is a bi-weekly
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and friends of Texas Chiropractic
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www.txchiro.edu.

Traffic Reminders From the ESSC

The TCC Environmental Safety and Security Committee (ESSC) would like to remind the campus community that all state traffic laws, including the new laws which went into effect on Sept. 1, 2009 apply at TCC, i.e.:

- All occupants of a vehicle, regardless of age or where they are seated in the vehicle are required to be secured by a safety belt. This includes riders in a passenger van designed to carry 15 or fewer.
- It is now illegal to use a wireless communications device in a school zone unless the vehicle is stopped or a hands-free device is used.

The ESSC additionally reminds all drivers that there is only one stop sign on campus, so please heed it as it is there to help protect both drivers and pedestrians. Also, several people have mentioned close calls at the traffic light at the campus entrance due to traffic on Spencer not always stopping at the red light. Please be cautious when exiting campus as we very much want to see you again tomorrow.

Summer 2009 Dean's List

Congratulations to the members of the Summer 2009 Dean's List and the also the newest members of Omega Psi!

Dean's List

Reid Amedee
Jeffrey Clark
Reg Cully
Travis Curd
Dawn DeMark-Buik
Alyse Duffer
Ashley Gros
Richard Guillory
Jacinda Harden
Yvonne Hinojosa
Jeremiah Holzbach
Jonathan Hymel
Lance Iguess
John Johansen
Trevor Jolie

Cory LaPoint
Mitzi Lacey
Jennifer Lance
Joshua LeBlanc
Kurt Martin
Emily Meyer
Susanna Park
Falguni Patel
Jason Pellegrin
Krista Perdue
Roberto Soliz
Bryan Tilley
Cristin Vitek
William Wall
Aimee Warmath
Ana Ynfante

Omega Psi

Yvonne Hinojosa
Mitzi Lacey
Kurt Martin
Krista Perdue

IMPORTANT: MIXED SCHEDULE STUDENTS SHOULD TAKE SPECIAL NOTICE OF THE PROCEDURES FOR FINAL EXAMINATIONS

Final exams will be held Tuesday, December 8th – Tuesday, December 15th. The final exam schedule is now available in the registrar's office. Mixed schedule students need to look at the exam schedule and see if they have two exams scheduled at the same time. If there are exam overlaps, the mixed schedule students must advise the registrar's office by noon on Monday, November 30th.

Wednesday, December 16th will be utilized to allow mixed schedule students to take any overlapping finals. A full two hours will be set aside for affected students at 9:00 a.m. in L-203. Only those students with more than one makeup exam to take on that Wednesday will be allotted time beyond the 9:00-11:00 a.m. time frame.

The procedure will allow mixed schedule students a full two hours for each of their final exams and avoid the necessity of receiving an incomplete grade due to scheduling conflicts.

The Texas Chiropractic College Board of Regents met in its annual retreat October 9-10, and I think it is important to share with you some of the things that took place.

Board members and the administrative team were unanimous in their acknowledgement that this was one of the best retreat and board meeting we have had for many years. This was the first meeting that was presided over by Dr. Donald Krippendorf, newly elected Chairman of the Board. Several comments were made about the quality of the meeting and the tone of cooperation that prevailed over the two days we met.

On Friday, we listened as Mr. David O'Bryon, Executive Director of the Association of Chiropractic Colleges, gave a very interesting presentation on board governance and board-staff interactions. This subject is usually a very dry one when presented, but David did a remarkable job at making it interesting and informative. Each board member took notes and asked insightful questions. It was one of the best presentations on the subject I have heard for a long time.

Dr. Clay McDonald from Palmer College of Chiropractic presented in the afternoon. Dr. McDonald is an attorney as well as a chiropractor and educator. He reported on the state of the chiropractic profession, and stated that approximately 65% of chiropractic patients are seen for back pain, and that 81% of the public understand that chiropractors treat back and neck pain. He provided ample information and statistics on the growing acceptance of chiropractic treatment in many sectors of the general public. Challenges and opportunities facing the profession include unifying the profession to promote chiropractic's role as conservative spine experts, developing cultural authority through our work with the Veteran's Administration, Department of Defense and public health agencies, and dealing effectively with political and economic issues.



President's Message

**Richard G. Brassard,
DC, FICC, FACC
President - Texas
Chiropractic College**

Dr. McDonald then addressed the field of chiropractic education and stated that educational programs must be comprehensive and authentic in its delivery of a quality curriculum to students. Research, collaboration with other institutions and strong clinic services are critical to preparing students to treat the public as health care professionals. He further explained the importance of institutional and professional accreditation by agencies that insure quality and adherence to rigorous standards, the valuable role alumni play in promoting the college and recruiting new students, the need for support services such as information technology, financial reporting and quality physical facilities.

Both of these presentations were excellent, and I want to thank Mr. O'Bryon and Dr. McDonald for taking the time from their busy schedules to be with us. Their participation helped set just the right atmosphere for the rest of our meetings.

On Saturday, the regular board meeting convened. Reports were given, presentations were made, and I think every regent felt that the college was making great strides forward in the accomplishment of our goals and objectives. We were excited to hear from college department heads on the innovative things that are taking place on campus. Enrollment has met or ex-

ceeded expectation for the last two trimesters, and with our new enrollment management team we are on course to raise enrollment levels.

Three new regents joined us for their first board meeting. Dr. Kurt Jurgens, a 1988 TCC graduate, and Mr. Bob Mitchell, president of Bay Area Houston Economic Partnership, and Mr. Ken Cauthorn, president of Hampton Tax Group, are great additions to the board. Three new regents were also elected at the meeting. I am pleased to welcome Dr. John Gentile, Dr. Burt Williams and Dr. Brad McKechnie. These new regents will truly strengthen the board and position us to better respond to the issues and opportunities facing the college.

I think I would be correct to say that everyone at the retreat—from regents to administration—felt that this was one of our best meetings and that we are headed in the right direction and poised for accomplishing great things in the coming months and years. I am grateful to everyone who participated and for the dedication of our administrative team in its pursuit of excellence.

Best Regards,

Richard G. Brassard, D.C.

Richard G. Brassard, DC
President
Texas Chiropractic College

AROUND CAMPUS

TCC's Annual Pumpkin Carving/Decorating Contest

It is that time again for Halloween fun and the TCC Annual Pumpkin Carving/Decorating Contest. The deadline to submit your pumpkin creation is Thursday, October 29 at 12 noon. All entries will be on display in the lobby of the Harris Building and then at the SBA Halloween Party which will take place on Friday, October 30. The winning team will receive a \$100 lunch prize. The contest is open to all students, faculty, and staff.

Complimentary Footlevelers Spinal Pelvic Stabilizers

Students who have never been scanned for the complimentary Footlevelers Spinal Pelvic Stabilizers in the Campus Health Center should do so **by December 1, 2009** during CHC clinic hours. Starting in January 2010, CHC will scan ONLY new Tri-1s for the complimentary Footlevelers. Any student interested in ordering Footlevelers after December 1st, may do so for a discounted price at Moody Health Center.

Buy A Book For A Buck

Did you know that the library sells books for only \$1.00? Yes, \$1.00 can buy you a textbook or journal that was previously owned by the library. Some materials are only one year old while others may be more "historical." Books and journals will be added and taken away from this shelf on a weekly basis so take the time to peruse it often. The \$1.00 bookshelf is located on the south wall of the library just past the large study rooms.

TCC & MHC Celebrate National Chiropractic Month

As a part of National Chiropractic Month, Texas Chiropractic College's Moody Health Center is having "Patient Appreciation Day" every Friday in October. Members of the public are welcome to stop by the MHC at 5912 Spencer Highway in Pasadena each Friday from 9 a.m. until 6 p.m. during the month of October to enjoy free popcorn and lemonade, as well as receive a free blood pressure and temperature screening. Sponsored by the American Chiropractic Association, National Chiropractic Month is a nationwide observance held each October.

Weight Watchers Open House

Learn more about how Weight Watchers does work! Open House will be held on Thursday, Oct. 22 at 4 p.m. in the Russell Bldg - L100. This meeting is open to students and friends or family members as well. We have two options to choose: 1) Fall 09 - 9 weeks for \$99; or 2) Fall 09 - 17 weeks for \$186. With a doctors RX, you can receive reimbursement from your FSA or use your HSA. We are also offering payroll deduction for employees.

Other Upcoming Events & Meetings

Oct 19 (Mon.) Adjusting Club meets every Monday, Lunchtime, L201

Oct 23 - 25 (Fri/Sat/Sun) - SACA Leadership Conference.

Oct. 24-25 (Sat/Sun) - COSI = Courtesy of Dr. Lee: will be teaching the Graston Technique I in the Rehab. Room in Moody Health Clinic: this is for clinic eligible students only. Cost: \$300.

Oct 26 (Mon) Adjusting Club, lunchtime, L201 (Meets every Monday)

Oct. 28 (Wed) - Tentative date w/ Dr. Lee @ 11am (Convocation Hour) to teach basic Stretching for Senior Olympics!

Oct 28 - 31 (Wed-Sat), ACA Annual conference in St. Louis - Want to Go?

Oct 30 (Fri) - Last Day to Withdraw from a Course

H1N1 Reminders

The Environmental Safety and Security Committee reminds everyone to take steps to stay healthy this flu season. New videos and tools have been added to TCC's flu season web page (www.txchiro.edu/essc/fluseason.aspx), including a link to information and videos provided by Sesame Street for parents to share with their children.

New Student Officers elected

The following students have been chosen as new officers for SBA and STCA.

Student Body Association (SBA)

President: Travis Links

Vice President: Allison Long

Secretary: Jeff Clark

Treasurer: Ellicia Caraway

Student Texas Chiropractic Association (STCA)

President: Krista Perdue

Vice President: Jeff Clark

Secretary: Allison Long

Treasurer: Brittany Easter